

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Meat Feast Pizza and Curly Fries		✓ WHEAT		✓			✓							
Margherita Pizza and Curly Fries		✓ WHEAT		✓			✓							
Quorn Chilli, Rice/Chips and Garlic Bread		✓ WHEAT											✓	
Spicy Chicken Fajita Wraps and Potato Wedges		✓ WHEAT												
Tomato and Cheese Pasta Bake with Tear and Share Bread		✓ WHEAT					✓							
Cheesy Pasta Bake with Tear and Share Bread		✓ WHEAT					✓							
Cheese Burgers with Potato Wedges		✓ WHEAT					✓							✓
Vegetable Lasagne and Garlic Bread		✓ WHEAT		✓			✓							

Cheese and Potato Pie with Baked Beans							✓							
Sausages inside Yorkshire Pudding with Mash, Vegetables and Gravy		✓ BARLEY WHEAT		✓			✓							✓
Quorn Sausages inside Yorkshire Pudding with Mash, Vegetables and Gravy		✓ BARLEY WHEAT		✓			✓						✓	✓
Meatballs in Tomato Sauce with Spaghetti and Garlic Bread		✓ WHEAT					✓							✓
Quorn Meatballs in Tomato Sauce with Spaghetti and Garlic Bread		✓ BARLEY WHEAT		✓			✓						✓	✓
Chicken Stir-fry with Noodles		✓ WHEAT		✓								✓		✓
Quorn Stir-fry with Noodles		✓ WHEAT		✓			✓					✓	✓	
Tofu Stir-fry with Noodles		✓ WHEAT		✓			✓					✓	✓	
Cheese and Bacon Pasta Bake with Tear and Share Bread		✓ WHEAT					✓							
All Day Breakfast		✓ WHEAT		✓			✓							✓
All Day Veggie Breakfast		✓ WHEAT		✓			✓						✓	

Spaghetti Bolognese and Garlic Bread		✓ WHEAT					✓						
Veggie Grill Buns and Seasoned Wedges		✓ WHEAT											
Chicken Tikka with Rice and Naan Bread		✓ WHEAT		✓			✓					✓	
Quorn Tikka with Rice and Naan Bread		✓ WHEAT		✓			✓					✓	
Gammon, Mash, Peas and Parsley Sauce		✓ WHEAT					✓						
Lasagne and Garlic Bread		✓ WHEAT		✓			✓						
Curried Chicken, Rice and Naan Bread		✓ WHEAT					✓						
Curried Quorn, Rice and Naan Bread		✓ WHEAT					✓					✓	
Oxtail Soup	✓	✓ BARLEY WHEAT											
Vegetable Soup		✓ WHEAT											
Chicken Soup		✓ WHEAT					✓						

Mushroom Soup		✓ BARLEY WHEAT					✓						
Tomato Soup							✓						
Sticky Toffee Pudding and Custard		✓ WHEAT		✓			✓						
Apple Crumble and Custard		✓ BARLEY WHEAT					✓						
Short bread and Cream		✓ WHEAT					✓						
Jam Roly Poly and Custard		✓ WHEAT					✓						
Jelly and Ice cream							✓				✓ TRACES		
Cup Cakes and Cream		✓ WHEAT		✓			✓						
Rice Pudding and Jam							✓					✓	
Chocolate Sponge and Mint Custard		✓ WHEAT		✓			✓						
Yoghurt and/or Fruit							✓						

Cup Cakes and Custard		✓ WHEAT		✓			✓							
Banoffee Pie and Cream		✓ WHEAT					✓							
Fruit Crumble and Custard or Ice cream		✓ WHEAT		✓			✓							
Lemon Curd Crumble and Custard		✓ WHEAT		✓			✓							
Ice cream							✓							

Review date: **DEC 2018**

Reviewed by: **Donna Annon**